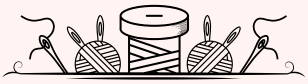
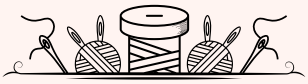
Fashion & Textiles Myth or Fact Activity

Print, cut out, fold (to create front to back), and laminate to make a card for each student to hold up and follow along during the presentation.

FACT



MYTH



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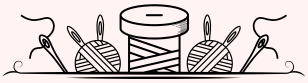

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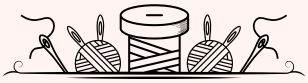

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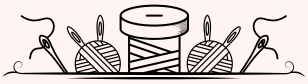
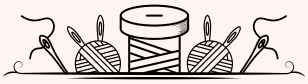
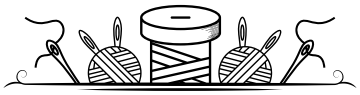


MYTH



Name: _____



Fashion & Textiles Myth or Fact

Directions: Read each statement carefully. Decide whether it is a Myth or Fact, then explain your thinking using the reflection question provided.

Statement 1: Sewing is old-fashioned and not used in modern careers.

□ Myth □ Fact

Reflection: Why do you think people believe this? What examples prove otherwise?

Statement 2: You have to be artistic or naturally talented to be good at sewing.

□ Myth □ Fact

Reflection: How is sewing similar to other skills like cooking, building, or coding?

Statement 3: Sewing, knitting, and crocheting are not all the same.

□ Myth □ Fact

Reflection: What is the difference between these skills?

Statement 4: Sewing takes too much time to be useful.

□ Myth □ Fact

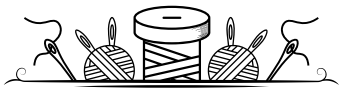
Reflection: Name one clothing repair that could save money.

Statement 5: You need expensive tools and machines to sew.

□ Myth □ Fact

Reflection: What basic skills could be learned without a sewing machine?

FAMILY CONSUMER SCIENCE TEACHER'S GUIDE



Name: _____

Fashion & Textiles Myth or Fact

Statement 6: Fabrics are made for specific purposes.

□ Myth □ Fact

Reflection: Why might two T-shirts feel different even if they look the same?

Statement 7: The textile industry is just about fashion.

□ Myth □ Fact

Reflection: Which non-fashion textile surprised you the most?

Statement 8: Care labels don't really matter.

□ Myth □ Fact

Reflection: What's one care label instruction people often ignore?

Statement 9: Synthetic fabrics are always bad.

□ Myth □ Fact

Reflection: Why might polyester be better than cotton for athletic wear?

Statement 10: Individual clothing choices impact the environment.

□ Myth □ Fact

Reflection: What is one clothing habit that could reduce waste?

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